

“Heal what is broken...

...celebrate what is good.” *

Father Moye's Maxims of Peace

NINTH ANNUAL ASSOCIATES' CONVOCATION



Saturday, March 2, 2019

9:00 a.m.-4:00 p.m.

Regan Hall Community Room

Our Lady of the Lake Convent

515 S.W. 24th Street * San Antonio, Texas

RSVP: (210) 587-1121 or associates@cdptexas.org

**2017-2023 CDP Chapter Statement*

Keynote Speaker:

Mary Diane Langford, CDP

Registration

Name _____

Address _____

City/State/Zip _____

Phone Number(s) _____

Meals Breakfast/Supper **\$5.00** / Lunch **\$8.00**

	Fri	Sat	Sun	Additional days (please list)
Breakfast	___	___	___	_____
Lunch	___	___	___	_____
Supper	___	___	___	_____

Housing (**\$20 per night**) at the Convent. Limited availability, but we will try to accommodate as many as possible. Need housing? ___ Yes ___ No

Date of arrival _____ Date of departure _____

Registration fee: Donations are appreciated.

Method of payment

Check # _____

Cashier's check _____

Other: _____

On-line: <https://www.cdptexas.org/donate/> (under "designation" select Associates Fund)

Make checks payable to:

Congregation of Divine Providence

ATTN: Office of CDP Associates

515 SW 24th Street ~ San Antonio, TX 78207-4619

Agenda

- 8:30 **Registration** — *Breakfast* — Coffee*
- 9:00 **Welcome:** Sister Pearl Ceasar, CDP, Superior General
- Keynote Speaker:** Sister Mary Diane Langford, CDP
— *Break* —
- 12:00 **Lunch*** — *Regan Dining Room*
- 1:00 **Eight Breakout Sessions** (choose one 40-min. session)
- Annunciation Chapel Stained Glass Windows
 - Creative Meditation
 - Garden of Peace
 - Rosary at the Grotto
 - Stations of the Cross
 - Tour of the CDP Heritage Room
 - Traditional CDP Songs
 - Yoga & Prayer
- 1:50 **Eight Breakout Sessions** (choose another 40-min. session)
- 2:40 **Reconvene**
Closing comments and announcements / Evaluation / Group photo /
ACDP shirts / CDP books
- 4:00 **Eucharistic Celebration**

* With advanced meal reservation only.

Name _____ Session I _____ Session II _____

Eight BREAKOUT SESSIONS

• **Annunciation Chapel Stained Glass Windows**

The windows depict The Litany of the Blessed Mother. Take a guided tour with explanations for each window. Can you see the images?

• **Creative Meditation**

Take time to reflect on your spirituality with artistic creative opportunities: creating, decorating, journaling. This is your “ME” time while listening to relaxing music to let your creative juices flow. Join in the quest to grow as a person. In the words of Thomas Merton, “Art enables us to find ourselves and lose ourselves at the same time.”

• **Garden of Peace**

The CDP Peace Garden allows for appreciation of God’s creation. Meditate by re-potting, planting, pruning, or sitting and listening to the sounds of the season.

• **Rosary**

The Scriptural Rosary will take place at the Grotto*. The mysteries of the Rosary are based on passages from the bible. Meditating on the scripture passages of the Rosary leads one to encounter a certain sense of serenity.

• **Stations of the Cross**

The Stations of the Cross immerses participants in Jesus’ Passion. The Stations will take place in the Pecan Grove. Participants may take turns contemplating each station with a reading and a scriptural reflection.

• **Tour of the CDP Heritage Room**

The Heritage Room holds the history in art, facts, artifacts, and much more. It is a collection of many contributions made possible by our Sisters of Divine Providence and those whom we have served, both in the United States and Mexico.

• **Traditional CDP Songs**

Many beautiful songs and hymns were composed by our Sisters. In this session we will introduce you to a number of those, such as *Beate Moye* and *Mother of Providence*. This session will be informative and engaging as we learn and sing traditional songs and hymns of our beloved CDP Sisters.

• **Yoga & Prayer**

Yoga calms the mind and body to bring the spirit to prayer. We will combine yoga movements with moments of prayer. Poses will be modified; some will require transitioning from standing to floor; please use discretion when considering this session. If you have a yoga mat, please bring it (instructor has a limited number).

**In case of inclement weather, outdoor activities will be moved indoors.*