

ACDP CONNECTION

A publication of the Associates of the Sisters of Divine Providence of San Antonio, Texas

Patience into the New Year

Advent invited us into a posture of waiting. A waiting that is expectant and not passive or indifferent. It was a time to pause amidst the busyness of life and to prepare our hearts for the nativity of the Lord. It was a time to trust that God's plans will unfold in their perfect time, just as Mary and Joseph trusted. But after the celebrations of the Incarnation, how do we carry this waiting with hope, this patience, this trust in Providence into the new year?

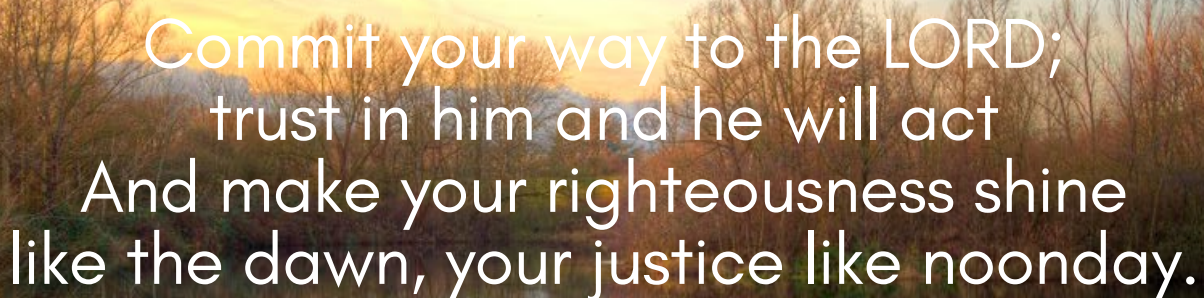
Practical Ways to Cultivate Patience

Mindfulness in Prayer: Dedicate time each day to sit in stillness, offering your hopes and anxieties to God. Focus on your breathing or recite a simple prayer like, "Lord, I trust in Your timing."

Journaling: Reflect on moments when patience has borne fruit in your life. Write about times when waiting led to blessings you couldn't foresee. Use this practice to remind yourself of God's faithfulness.

Gratitude Practice: When impatience arises, pause to list things for which you are grateful. Gratitude shifts our focus from what we lack to what we already have, cultivating contentment in the present.

Acts of Kindness: Patience isn't passive. Small acts of kindness can remind us of the beauty and purpose of the present moment, as we actively align our hearts with God's will, collaborating with His plan to bring grace and love into the world.



Commit your way to the LORD;
trust in him and he will act
And make your righteousness shine
like the dawn, your justice like noonday.

Psalm 37:5-6

We are called to live with trust in God's care and guidance, surrendering ourselves and our world to His loving hands.

Trust is the foundation of patience—trust that God sees the bigger picture, that even delays and setbacks have a purpose. As we move into the new year, we are reminded that our lives are part of a greater story, one authored by God. By embracing patience, we align ourselves with God's timing, allowing Grace to transform us in ways we cannot yet imagine.

MOYE QUOTES 

But if you
entrust yourselves
to God, He will
never fail you.

A Prayer for Patience and Trust

Lord, as we step into a new year, teach us to wait with hope, to trust in Providence, and to find joy in the unfolding of Your Plan. May our patience be a reflection of our faith in You, and may it bring us closer to the peace that only You can give. Amen.

“Trust in the LORD and do good that you may dwell in the land and live secure.

Find your delight in the LORD who will give you your heart’s desire.

Psalm 37:3-4

Jubilee 2025 - Pilgrims of Hope

The Vatican has declared 2025 as a Jubilee Year, also known as the Holy Year of Pilgrimage. A Jubilee Year is a special time of grace and spiritual renewal, celebrated approximately every 25 years. The theme for the 2025 Jubilee is “Pilgrims of Hope,” emphasizing unity, faith, and hope for the global Catholic community. This Jubilee Year offers a unique opportunity to reflect, seek reconciliation, and deepen one’s relationship with God.

“We must fan the flame of hope that has been given us and help everyone to gain new strength and certainty by looking to the future with an open spirit, a trusting heart and far-sighted vision. The forthcoming Jubilee can contribute greatly to restoring a climate of hope and trust as a prelude to the renewal and rebirth that we so urgently desire...” – Pope Francis



... January Dates

- 1 - Solemnity of Mary, the Mother of God
- 5 - Solemnity of the Epiphany of the Lord
- 12 - The Baptism of the Lord
- 14 - Opening first school at St. Hubert in Lorraine, France, in 1762;
Anniversary of Father Moyer’s declaration as Venerable in 1891
- 20 - Martin Luther King Jr. Day Inauguration
- 27 - Birth of John Martin Moyer in Cutting, France, in 1730
- 28 - Baptism of John Martin Moyer in 1730



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